



Coronavirus Activity Booklet

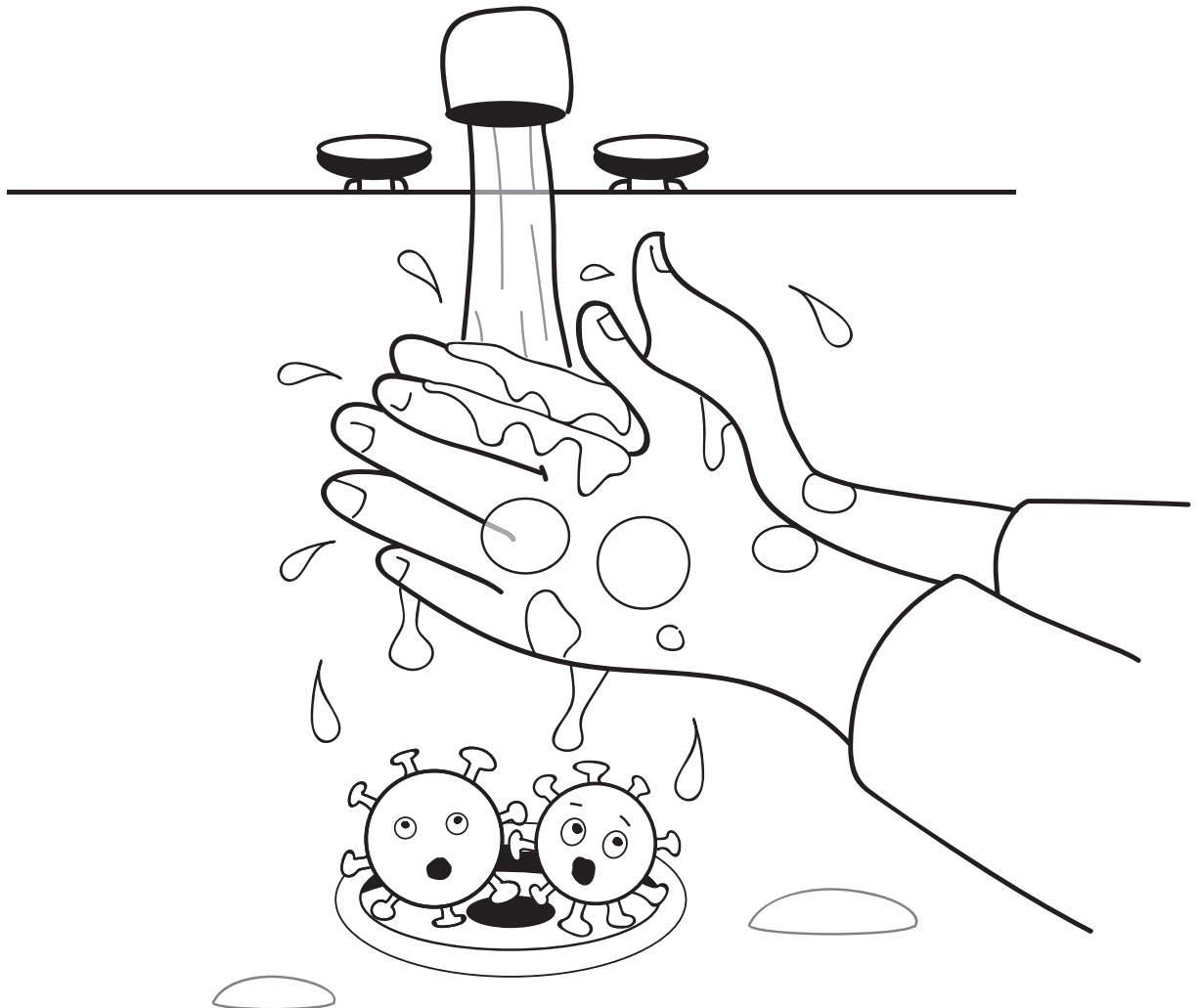
From Stony Brook Children's Hospital



Coronavirus is a kind of germ.

A germ is so tiny we can't even see it with our eyes. But germs can make people sick. Here are some ways that can help to keep germs from getting you sick.

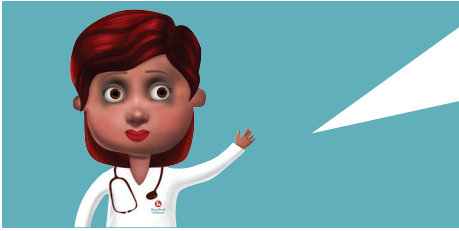
Wash your hands a lot!



Color yourself washing your hands.



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**When something is scary,
we need to stay away from it.**

Stay away from the virus.



**Staying inside with your family will help you to stay safe.
Draw yourself having fun with your family.**



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Let's sing "Don't Touch Your Face".

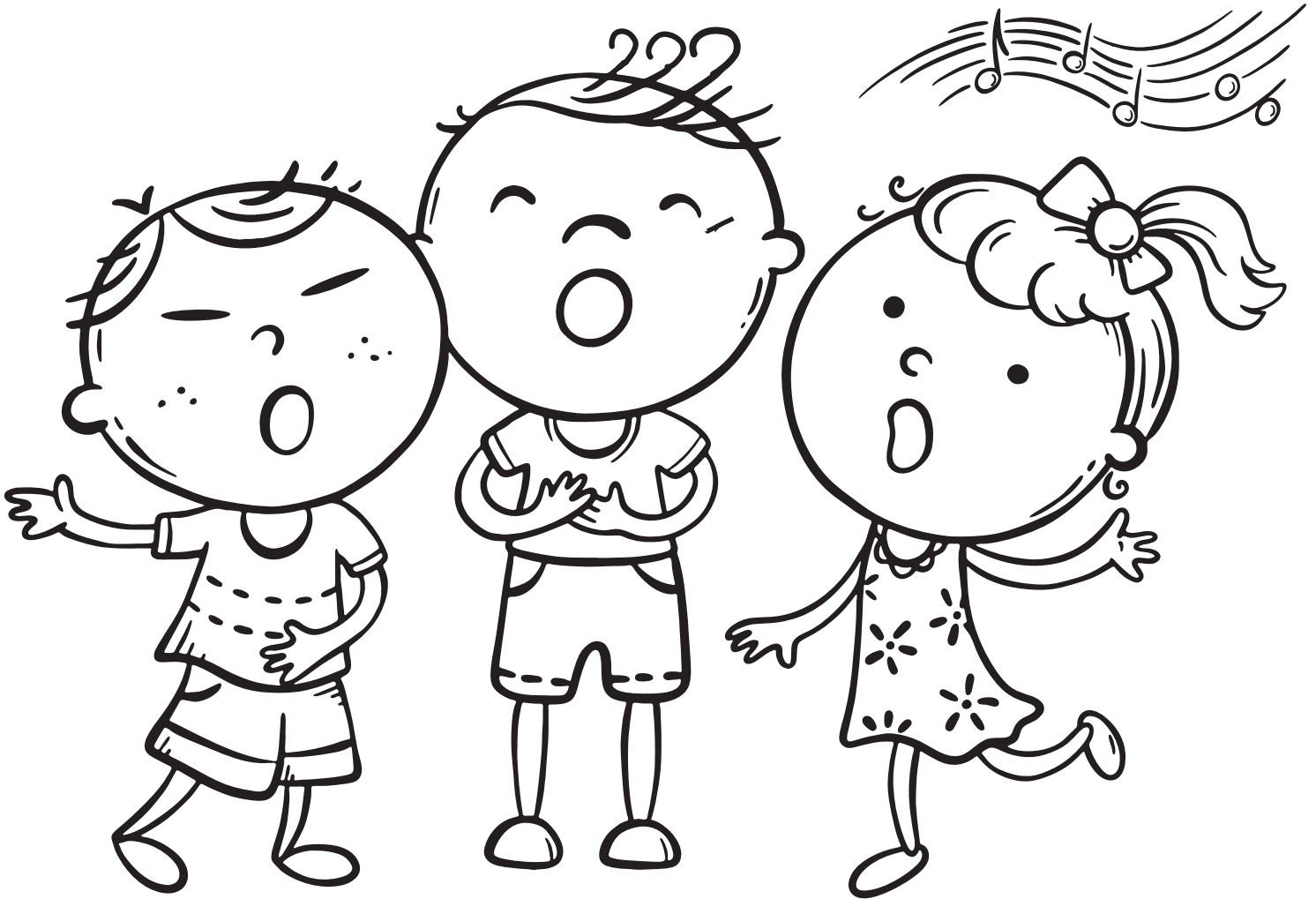
It's hard to remember not to touch your face – but this song can help you to remember. Sing along to: If you're Happy and You Know it Clap Your Hands.

Don't Touch Your Face.

If you want to touch your nose touch your toes (*clap, clap*)

If you want to touch your mouth touch your toes (*clap, clap*)

If you want to touch your eyes then you have to realize
that you need to STOP RIGHT NOW and touch your toes (*clap, clap*)



Great job! Now, color in the picture above.



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Choose your elbow or a tissue.

That's right. The next time you feel like coughing or sneezing choose your elbow or a tissue then throw it away.

Cough-sneeze ... elbow-tissue.

- 1 Draw a line from the cough to the tissue.
- 2 Draw a line from the sneeze to the elbow.

- 3 Draw a line from the cough to the elbow.
- 4 Draw a line from the sneeze to the tissue.



Here's a cough



Here's an elbow



Here's a sneeze



Here's a tissue





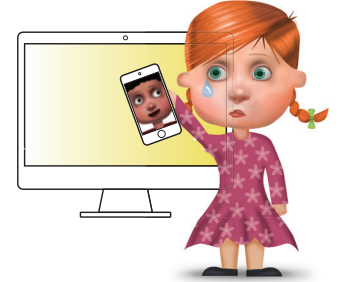
How to spend time with friends.

You may be missing your friends, especially if you don't have school or other things to keep you busy. But, there are other ways to spend time with your friends.

Keep safe – stay away.

Try these three ways to stay in touch with your friends.
You may need a grownup to help you.

- 1** Talk on the phone **2** Video chat **3** Share a picture

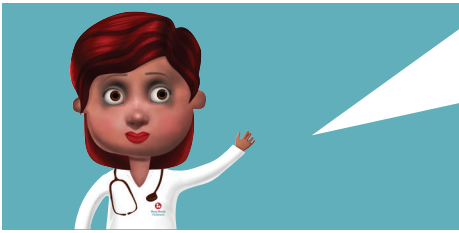


A large empty rectangular box for drawing a picture to share with a friend during a video chat.

Draw a picture to share with your friend when you video chat.



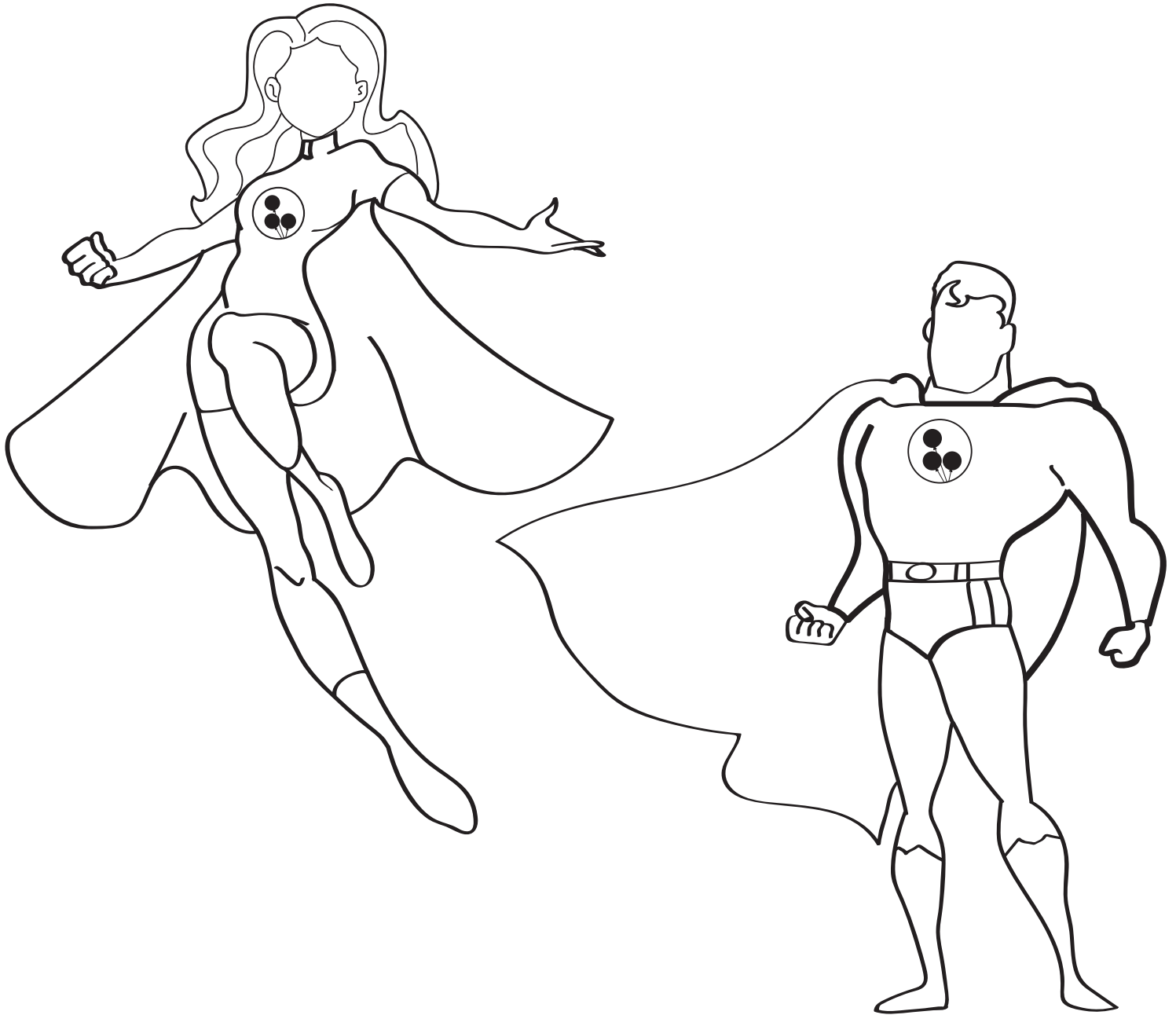
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Flex your safety muscles!

Great job!

Be a Safety Superhero.



Draw you as a Safety Superhero and share it with your family.



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