

The Safe Way to Put Your Baby to Sleep

For Safe Sleeping, a Baby Should be:

Alone

On their
Back

In a safety-
approved
Crib



Nothing in Crib:

- No stuffed toys, dolls, pillows, blankets, bumpers, bottles or food
- No smoking around baby
- No co-sleeping with parents or siblings

For additional baby safety tips, visit stonybrookchildrens.org/babysafety



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